

Beef and Pork free Primary Menu April – October 19

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken fillet in a bap Diced potatoes		Chicken Korma, rice, naan bread		Baked fish finger pocket, and tomato sauce
	Roasted vegetable pasta, garlic finger	Vegetarian cottage pie	Margherita pizza Potato diced	Vegetarian sausages Gravy	Cheese, red onion and tomato pasty
	Peas Sweetcorn	Gravy Green beans and diced carrot	Broccoli Coleslaw	Mashed potato Medley of vegetables	Chips Garden peas Baked beans
	Ice cream, smoothies, apple lollies	Apple shortbread sandwich	Seasonal fresh fruit medley	Mini Muffin	Lemon crunch biscuit
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	BBQ chicken		Quorn chilli, rice		Battered fish goujons, chips and tomato sauce
	Vegetable wrap Tomato salad	Summer Vegetable bake	Margherita pizza Potato diced	Macaroni cheese Garlic bread	Vegetable curry, rice and naan bread
	Diced potatoes Broccoli	Gravy Green beans and carrots	Coleslaw Broccoli	Green beans Mixed salad	Garden peas Baked beans
	Ice cream, Smoothies, apple lollies	Cold mixed desserts	Seasonal fresh fruit medley	Beetroot and carrot cake	Fruit love cake
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
		Roast chicken	Bubble salmon		Baked fish fingers with tomato sauce
	Vegetable swirl	Quorn grill	Margherita pizza	Tomato pasta Garlic bread finger	Quorn nuggets with tomato sauce
	Broccoli Baked beans	Roast potatoes, medley of vegetables, Gravy	Potato wedges/diced Garden peas Broccoli Coleslaw	Green beans and sweetcorn	Chips Garden peas
	Ice cream, Smoothies, apple lollies	Fruit sponge	Seasonal fresh fruit medley	Marble Shortbread	Cheese and crackers
Available daily	Bread, salad Orange, apple, banana, organic yoghurt, fruity pot, fruit juice, jelly, angel delight, cheese and biscuits, rice pot				
Jacket potato option	Cheese, baked beans, fish fingers, vegetarian sausages, tuna mayonnaise				