

Becoming a Sports Person at Wellstead



①

Introduction to PE

Gymnastics

Dance

Ball skills

Fundamental movement skills

Games

The EYFS provides continuous physical
provision, both indoor and out.

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Gymnastics

Fundamentals

Skiping

Target games

Dance

Ball skills

Sending and receiving

Net and wall

Invasion games

Athletics

Team building

Striking and fielding

④

Ball skills

Swimming

Dodgeball

Gymnastics

Dance

Fitness

Fundamentals

Hockey

Athletics

Rounders

Young leaders

OAA

⑥

Young leaders

Gymnastics

Rugby

Handball

Dance – Dancing through the decades

Basketball

Fitness

Volleyball

Athletics

Rounders

Martial Arts

Golf

①

Gymnastics

Fundamental movement skills

Team Building

Yoga

Dance

Ball Skills

Invasion games

Skiping

Athletics

Net and wall

Fitness

Striking and fielding

③

Fundamentals

Fitness

Ball skills

Gymnastics

Basketball

Dance

Rugby

Dodgeball

Tennis

Athletics

Cricket

OAA

⑤

Tennis

Gymnastics

OAA

Volleyball

Dance

Netball

Hockey

Fitness

Rugby

Athletics

Bikeability

Cricket

Golf

Becoming a Sports person at Wellstead

Curriculum Intent

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At Wellstead Primary School we endeavour to provide the children with excellent knowledge, understanding and skills as well as enjoyment of physical activity. The children will build upon prior learning to enhance and develop their skills through dance, gymnastics, games and swimming.