

# RSHE Curriculum Map 2024-25



Wellstead Primary School  
Sowing the Seeds of Success



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## Autumn

All about me – who helps me

*You Choose* by Nick Sharratt and Pippa Goodheart  
Valuing Difference – we are all unique  
*Red Rockets and Rainbow Jelly* by Sue Heap and Nick Sharratt

## Spring

Keep Safe – staying safe at home & school

*Hello Hello* by Brendan Wenzel

Rights and Respect – the environment

*The Family Book* by Todd Parr

## Summer

Being my best – healthy choices

*Mommy, Mama and Me* by Leslea Newman and Carol Thompson

Growing and changing – life cycles

*Blue Chameleon* by Emily Gravett

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## Autumn

All about me – being a good friend

*Can I join your club?* By John Kelly and Steph Laberis  
Valuing Difference – everyone is important  
*How to be a Lion* by Ed Vere

## Spring

Keep Safe – safe and unsafe secrets

*The Great Big Book of Families* by Mary Hoffman and Ros Asquith

Rights and Respect – regulating my emotions

*Amazing* by Steve Antony

## Summer

Being my best – setting goals

*What the Jackdaw Saw* by Julia Donaldson and Nick Sherrett

Growing and changing – private parts & their use

*All Are Welcome* by Alexandra Penfold and Suzanne Kaufman

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## Autumn

All about me – positive, healthy friendships

*Along Came a Different* by Tom McLaughlin  
Valuing Difference – conflict V celebration  
*Dogs Don't Do Ballet* by Anna Kemp and Sarah Ogilbe

## Spring

Keep Safe – risks and dangers

*Red: A Crayon's Story* by Michael Hall

Rights and Respect – identifying my responsibilities

*Aalfred and Aalbert* by Morag Hood

## Summer

Being my best – wellbeing and health

*When Sadness comes to call* by Eva Eland  
Growing and changing – feelings during puberty  
*Julian is a Mermaid* by Jessica Love

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## Autumn

All about me – compromise & negotiation

*King of the Sky* by Nicola Davis  
Valuing Difference – prejudice & discrimination  
*The only way is badger* by Stella J Jones and Carmen Saldance

## Spring

Keep Safe – being responsible online

*Leaf* by Sandra Dieckmann  
Rights and Respect – earning & saving money  
*The Island* by Armin Greder

## Summer

Being my best – wellbeing & achieving goals

*Introducing Teddy* by Jessica Walton and Dougal MacPherson  
Growing and changing – help with my emotions during puberty  
*A Day in the Life of Marlon Bundo* by Marlon Bundo and Jill Twiss

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## Autumn

All about me – recognising feelings

*Elmer* by David McKee  
Valuing Difference – thoughts & feelings  
*Going to the Volcano* by Andy Stanton

## Spring

Keep Safe – PANTS are private

*Want to play trucks* by Ann Stott and Bob Graham

Rights and Respect – my health

*Hair; It's a family affair* by Mylo Freeman

## Summer

Being my best – resilience & challenges

*My World Your World* by Melanie Welsh  
Growing and changing – differences between boys and girls

*Errol's Garden* by Gilliam Hibbs

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## Autumn

All about me – communicating feelings

*This is our House* by Michael Rosen  
Valuing Difference – families & communities  
*We're all Wonders* by R J Palacio

## Spring

Keep Safe – risks and inappropriate behaviour

*Beegu* by Alexis Deacon

Rights and Respect – people who help me

*The truth about old people* by Elina Ellis

## Summer

Being my best – planning to develop skills

*The Hueys in the New Jumper* by Oliver Jeffers  
Growing and changing – changes in puberty  
*Planet Omar: Accidental Trouble* by Zanib Mian

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## Autumn

All about me – respect, kindness and including everyone

*Kenny Lives with Erica and Martina* by Olly Pike  
Valuing Difference – mutual respect for different cultures  
*Rose Blanche* by Ian McEwan and Roberto Innocenti

## Spring

Keep Safe – risks of smoking, drinking and vaping

*Mixed* by Arree Chung

Rights and Respect – identifying my responsibilities

*How to heal a broken wing* by Bob Graham

## Summer

Being my best – becoming independent

*The Girls* by Lauren Lee and Jenny Lovlie  
Growing and changing – menstruation and products  
*And Tango makes three* by Justin Richardson and Peter Parnell

## Becoming a Wellstead citizen

At Wellstead Primary School, we immerse ourselves in a thorough and thought-provoking curriculum so that our children develop tolerance, respect and emotional literacy skills to become accepting and aware Wellstead citizens.