

Little Canada

Monday 21st – Friday 25th September 2026

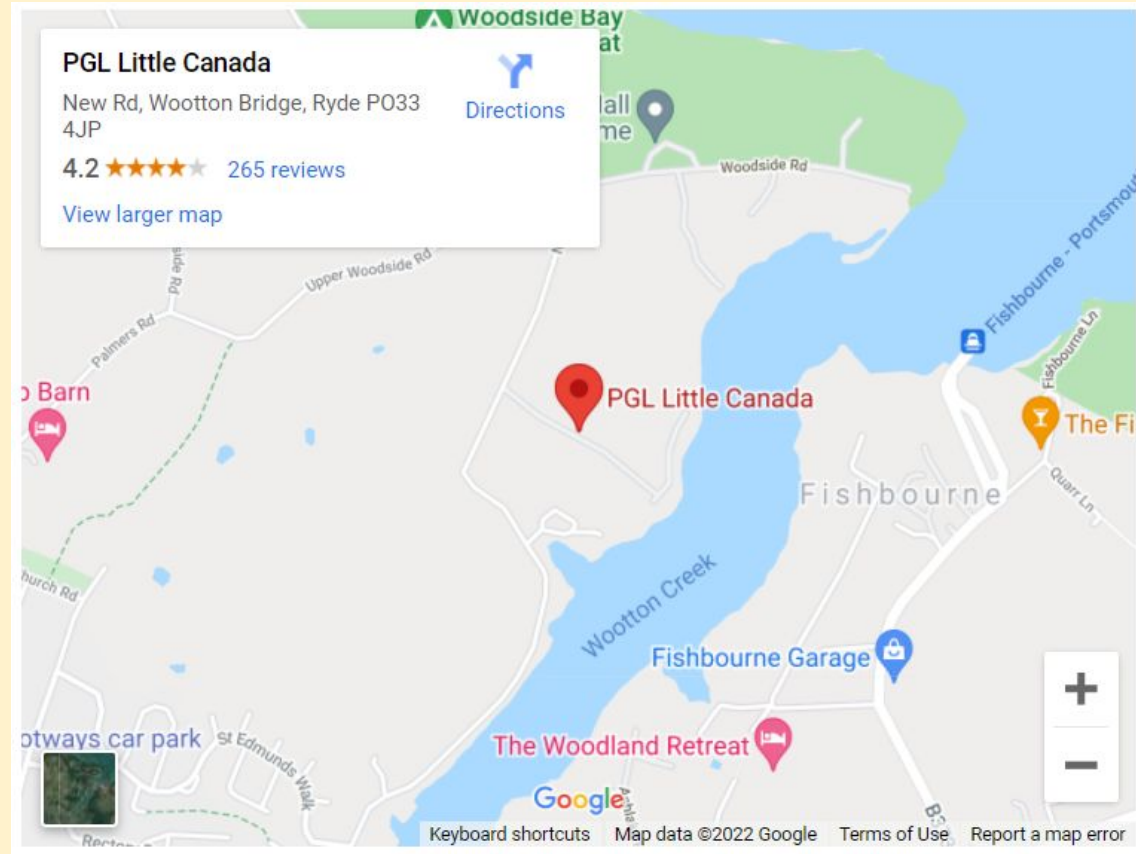


How will Little Canada benefit my child's learning?

- Children will be sharing living and sleeping space, eating together and tackling the day's adventures together. This teaches children to respect others; tolerance and better self-awareness.
- Children will overcome a series of challenges in the great outdoors to develop resilience, confidence and the motivation to succeed.
- On the residential, children will create lifelong memories with their friends.
- As the residential is on the Isle of Wight, the children are able to enjoy a boat ride as their mode of transport as well as the coach making it incredibly exciting.

Where is Little Canada?

- Little Canada is set just outside of Ryde in the Isle of Wight.



Where is Little Canada?

- Set in 48 acres of woodland, on the banks of Wootton Creek, Little Canada benefits from private access direct to the water.
- It is a closed, private site.
- The beach is located approximately 10 minutes walk away.



What activities does Little Canada offer?

- A wide range of activities are on offer in Little Canada, all of which are led by qualified instructors.
- Activities take place on land, on the water and in the air (rope-based challenges), so each brings a different (and fun!) way for children to challenge themselves in a friendly, safe and supportive environment
- Little Canada has several set-ups for each activity to ensure that children are having to wait around too much for their turn.
- Children will complete approximately four activities during the day and one more in the evening - they are very busy!

Examples of activities

Abseiling

Got a head for heights? This exhilarating activity allows you to scale down the side of our purpose built towers leaving you with a great sense of achievement!



Examples of activities

Aeroball

A cross between trampolining and volleyball! Use the bounce from the trampoline to stop your opponents scoring goals whilst trying to score some yourself. Not as easy as it sounds!



Examples of activities

Sensory Trail

Follow the rope and see what surprises await you. You'll be blindfolded so you will need to rely on all your other senses to tell you what's happening.



Examples of activities

Dragon Boating

Discover the ultimate team event. Have you got the strength and determination for this exhilarating race on water. A hugely popular water sport that has spread across the globe from Asia, Africa and the Pacific Islands where these boats are traditionally found. Your instructor will helm (steer) the boat but success in the race depends on the ability of your team (up to 24 people) to work together to paddle rhythmically and effectively throughout. Make no mistake, the team in the other boat will be equally determined to win but no matter who wins there's always lots of fun, laughter, splashing and shouts of encouragement throughout.



Examples of activities

Giant Swing

How high will you go? You'll be harnessed into a two seater swing before the rest of your group start hauling you up to 10m high. It's up to you and your partner to decide how high you want to go before pulling the release cord to send you hurtling down towards the ground before swinging up towards the sky. Nothing like the swings you find at your local park this breath taking activity is so popular we've now introduced it to even more of our centres.



Evening activities

There are a wide range of evening activities, all led by the instructors. These include:

- Leader hunt
- Campfires,
- Water Splash
- Discos



Where will my child be sleeping?

- Children will be sleeping in their own cabins which will make them feel independent.
- Most rooms sleep 4-6 children and have their own bathroom.
- The cabins are grouped together in small villages.
- Staff cabins will be close by (often at the end of the children's cabins)



Inside the cabins



All bedding is included in the overall price.

What will my child eat?

- To keep your children energised for their active residential, there is a menu jam-packed with nutritious family-friendly favourites to suit all appetites.
- The buffet style dining room means that children can 'mix and match' the items they love most and have unlimited access to the salad bar and fresh fruit.
- Group leaders are on hand to help and will look out for anyone who can't find anything on the menu that they enjoy. If necessary our catering teams will be more than happy to prepare something special.
- Allergies, intolerances and other dietary requirements (including religious requirements) are taken into account.
- Water and squash are available with all meals and children are encouraged to refill their water bottles for regular use throughout the day. There are also water fountains available around the centre.

What will my child eat?

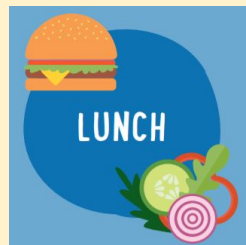


- The BIG PGL breakfast - hot and cold options including a 'full English', toast, cereals, yoghurt, fruit, porridge.
- Lighter tastier lunches - a pit-stop to prepare for a busy afternoon. Refuel with fresh sandwiches, soups, pasta or salads.
- Delicious 'kids favourites' evening meals - crowd pleasing classics such as fish & chips, roast dinners and bangers & mash.



BREAKFAST

- Scrambled Eggs
- Sausages
- Bacon
- Beans
- Vegan Cumberland (ve)
- Hash Browns



LUNCH

Pasta

Choices:

- Mac 'N' Cheese (v)
- Plant-based Bolognese (ve)
- Tomato & Basil (ve)

Sides:

- Garlic Bread



DINNER

Meatball Lasagne	Penne Pasta
Cod Goujons	Served with:
Plant-based Shepherd's Pie (ve)	Tomato Sauce,
	Grated Cheese
Sides:	
Garlic Bread, New Potatoes, Country Vegetables, Broccoli	Available every day:
	Dessert - Classic Fruit Salad

What does a 'normal' day look like?

Sample day at Little Canada (based on 7 night Multi Activity holiday)

Typical timings	Activities
07:00	Your Group Leader will wake you up so that you can get up and get ready for the day ahead.
08:00	Off to the dining room with the rest of your group to fuel up for the day, you'll need plenty of energy to keep you going. Breakfast includes cereals, toast, yogurts, porridge, and cooked breakfast – you choose! Don't forget to refill your drinks bottle before you head off to your first activity.
09:15 Session 1	Activity 1
10:45	Break. Catch your breath and have a quick drink before your next session.
11:00 Session 2	Activity 2
12:30- 14:00	Worked up an appetite? Great – it's time to replenish your energy stores with the dining room. If you have energy to spare after lunch your Group Leader will always be ready for a quick kickabout with a ball or you could relax and chat with your new friends.

What does a 'normal' day look like? (continued)

14:15
Session 3

Activity 3

15:45-
16:00

A chance for a **breather** and a **drink** before your Groupie takes you to your next activity.

16:00
Session 4

Activity 4

18:00

Time to eat again – a different menu each day, (and did we mention, evening meals come with a hot pudding too – or you can stick with fruit if you prefer).

19:00

Talent shows, campfires, quizzes and much more – your **evening entertainment** programme gives you the chance to get together with everyone else in your age group and have some laughs.

21:00-

Bedtime. The younger ones go first whilst older groups have time to chill out and chat or watch a DVD. Then it's lights out and time to sl

What should my child bring with them?

PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Jewellery/valuables
- ✗ Aerosols



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof jacket
- Fleeces/jumpers

Your arms will need to be covered to do some activities

Tops & jackets

but not jeans as they get heavy and cold when wet.



Trousers or leggings

Underwear & socks

1 or 2 sets of clothes for the evening

Suitable nightwear

Your socks will need to cover your ankles to do some activities.



FOOTWEAR

- 2 pairs of trainers → 1 for activities, 1 old pair for watersports

- 1 pair of dry shoes for evening activities



OTHER ITEMS

- 2 towels → 1 for showering, 1 old one for activities

- Reusable drinks bottle



- Small rucksack/bag

- Labelled bin bag for wet and dirty clothing

- Sleeping bag or duvet and pillow (unless otherwise advised)

- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

- Torch (for evening adventures)



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TRAVELLING IN THE...

...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen

...WINTER?

- Warm coat
- Hat and gloves

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

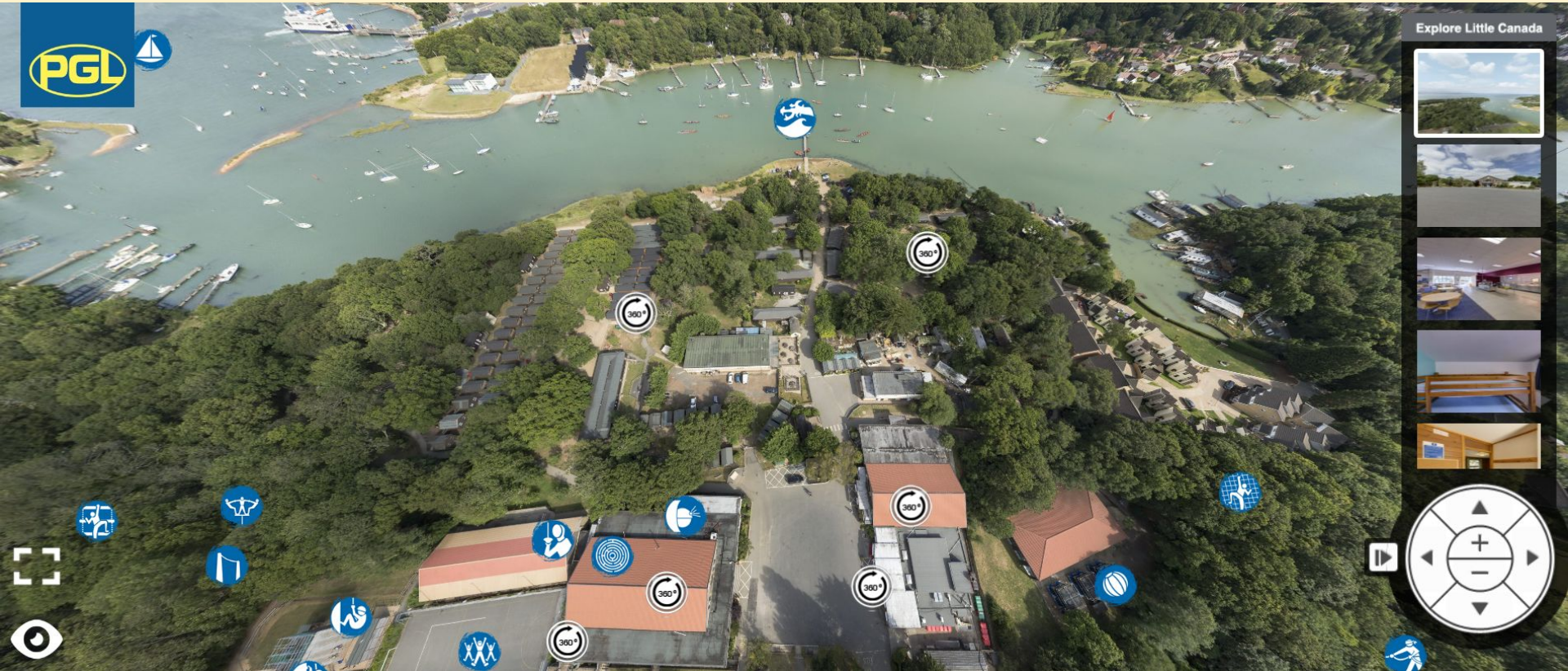
Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

Is there a shop?

- There is a shop onsite which children will be able to visit.
- A range of branded and non-branded souvenirs are available to buy, including: t-shirts, stationery and hats as well as soft drinks and confectionery items.
- POCKET MONEY (optional) of up to £10



Explore Little Canada



Questions?



After the meeting, if you have any further questions, please contact a year 6 teacher, your child's class teacher or send an email to y6staff@wellsteadapps.co.uk

Cost

The cost will be approximately £440 dependent on cost of travel.

A confirmation of exact cost will be sent out very soon once we have final confirmation from the coach and ferry companies.